

# Assessment and Planning Worksheet

Name: \_\_\_\_\_ Skill: \_\_\_\_\_ Date: \_\_\_\_\_

How would you scale your current use of this skill?



What are your strengths and needs around this skill? What would you like your use of this skill to look like? How will you achieve that?

Pre-mentoring

Strengths	Needs	Desired Results	Steps to meet the need	Current Scaling

What can you learn from observing your mentor?

Mentoring and Feedback:

Observation: What did you see that worked well?      What would you change?

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What have you learned from your own practice?

Practice:      What did you do that worked well?      What would you change?

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How have your strengths and needs around this skill changed? What would you like your use of this skill to look like as you continue to grow? What will you do to maintain and increase your skill?

Post-mentoring

Strengths	Needs	Desired Results	Steps to meet the need	Current Scaling